

MAKING

FONDATION
JEUNES
EN TÊTE



IN LINE WITH



MY VALUES

DECISIONS



CLOSE-UP LOOK AT MY VALUES



Check the ones that are the most important to you

- ★ Being authentic and genuine
- ★ Following rules
- ★ Being open-minded and non-judgmental
- ★ Being loyal and trustworthy
- ★ Contributing to society
- ★ Being curious and open to discovery
- ★ Cooperating and collaborating with others
- ★ Being brave
- ★ Being honest
- ★ Appreciating the beauty of things and people
- ★ Having a good time
- ★ Applying yourself in what you do
- ★ Being tidy and well organized
- ★ Helping and supporting others
- ★ Influencing others
- ★ Feeling close and connected to others
- ★ Seeking equality and justice
- ★ Being free and independent
- ★ Knowing how to forgive, both yourself and others
- ★ Cultivating creativity
- ★ Respecting yourself and others
- ★ Being generous
- ★ Persevering despite difficulties
- ★ Cultivating a love of risk and adventure



Keep this sheet somewhere to reread it when you have important decisions to make. You can also update it if necessary.